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HOME ORGANIZING
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KONMARI CORE PRINCIPLES & CATEGORY CHECKLIST

KONMARI CORE PRINCIPLES.

The KonMari Method™ is a decluttering and organizing approach created by Marie Kondo - author of New York Times bestseller "The Life-Changing Magic of Tidying Up". Here are the six core principles of this organizational method so that you can get started:

- 1) Envision your ideal life**
- 2) Commit yourself to tidying up completely**
- 3) 1st step: discarding / 2nd step: organizing**
- 4) Tidy by category, not by location**
- 5) Adhere to the correct category order**
- 6) Only keep items that spark joy**

Print out the following checklist with all the categories and various subcategories and get started on your tidying journey!

KONMARI CATEGORY CHECKLIST.

1) Clothes

- Tops
- Pants
- Shorts
- Dresses
- Skirts
- Outerwear
- Sleepwear and loungewear
- Activewear
- Swimwear
- Socks and stockings
- Underwear
- Bags and purses
- Hats and belts
- Scarves
- Shoes
- Jewelry
- Other

2) Books

- Fiction books
- Self-help books
- Cookbooks
- Coffee-table books
- Reference and instructional books
- Educational and school books
- Magazines
- Other

3) Papers

- Mail
- Receipts
- Bills
- Credit card statements
- Bank statements

- Magazine clippings
- Seminar and course material
- Warranties
- Manuals
- Insurance agreements
- Tax documents
- Greeting cards
- Business cards
- Other

4) Komono

General

- CDs and DVDs
- Valuables: passport, foreign currencies, wallets, credit cards, bills, small change, coupons, certificates, etc.
- Laundry items
- Cleaning equipment
- Emergency equipment
- Sewing kit materials
- Tools
- Paper and plastic bags
- Seasonal decorations
- Rain gear
- Special occasion goods
- Other

Bath and Bed

- Body and skin care items
- Hair care items
- Cosmetics
- Hygiene care: q-tips, nail clippers, etc.
- Beauty and hair appliances: blow dryer, hair straightener, etc.
- Relaxing goods: candles: essential oils, etc.
- Medicine
- Cloth items: Towels, Linens, Sheets, Bedding, etc.
- Consumables: tissue, toilet paper, etc.
- Other

Office

- Stationery goods
 - Tools: pens, scissors, staplers, hole puncher, ruler, etc.
 - Paper: notebooks, memo pad, post-its, binders and files
 - Letters: postcards, letter paper, envelopes, stamps
- Electronics
 - Electronic devices: computer, phone, digital camera, portable games, electronic dictionary, etc.
 - Electronic cords: extension cords, chargers, earphones and other accessories
 - Other electric items: memory cards, USB, ink cartridges for printers, batteries
- Other

Kitchen

- Tools for cooking
 - Cooking utensils: pots, pans, bowls, etc.
 - Cooking tools: ladle, spatulas, etc.
 - Electric cookware: food processor, mixer, blender, etc.
 - Containers: tupperware, bottles, etc.
 - Wraps: aluminium foil, baking paper, Ziplock bags, etc.
 - Baking items
- Tools for eating
 - Dishware, ceramics, serving pieces
 - Cutlery
 - Tableware: tablecloths, placemats, napkins, coasters, etc.
 - Lunchbox items: lunchboxes, picks, small cups, etc.
 - Paper goods: paper plates, straws, paper cups, etc.
- Food
 - Spices
 - Dry goods
 - Canned goods, packaged foods
 - Snacks
 - Carbohydrates: rice, noodles, pasta, flour, etc.
 - Drinks
 - Tea, coffee
 - Food in fridge
 - Food in freezer
 - Supplements

- Other kitchen komono
 - Small items: rubber bands, toothpicks, etc.
 - Cleaning detergents: dishwashing detergent, sponges, cleansers, etc.
 - Other

5) Mementos

- Keepsakes
- Heirlooms
- Letters
- Photos and negatives
- Journals and scrapbooks
- Awards, certificates, diplomas, trophies, medals, etc.
- Yearbooks
- Artwork
- Dolls and stuffed animals
- Other

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